

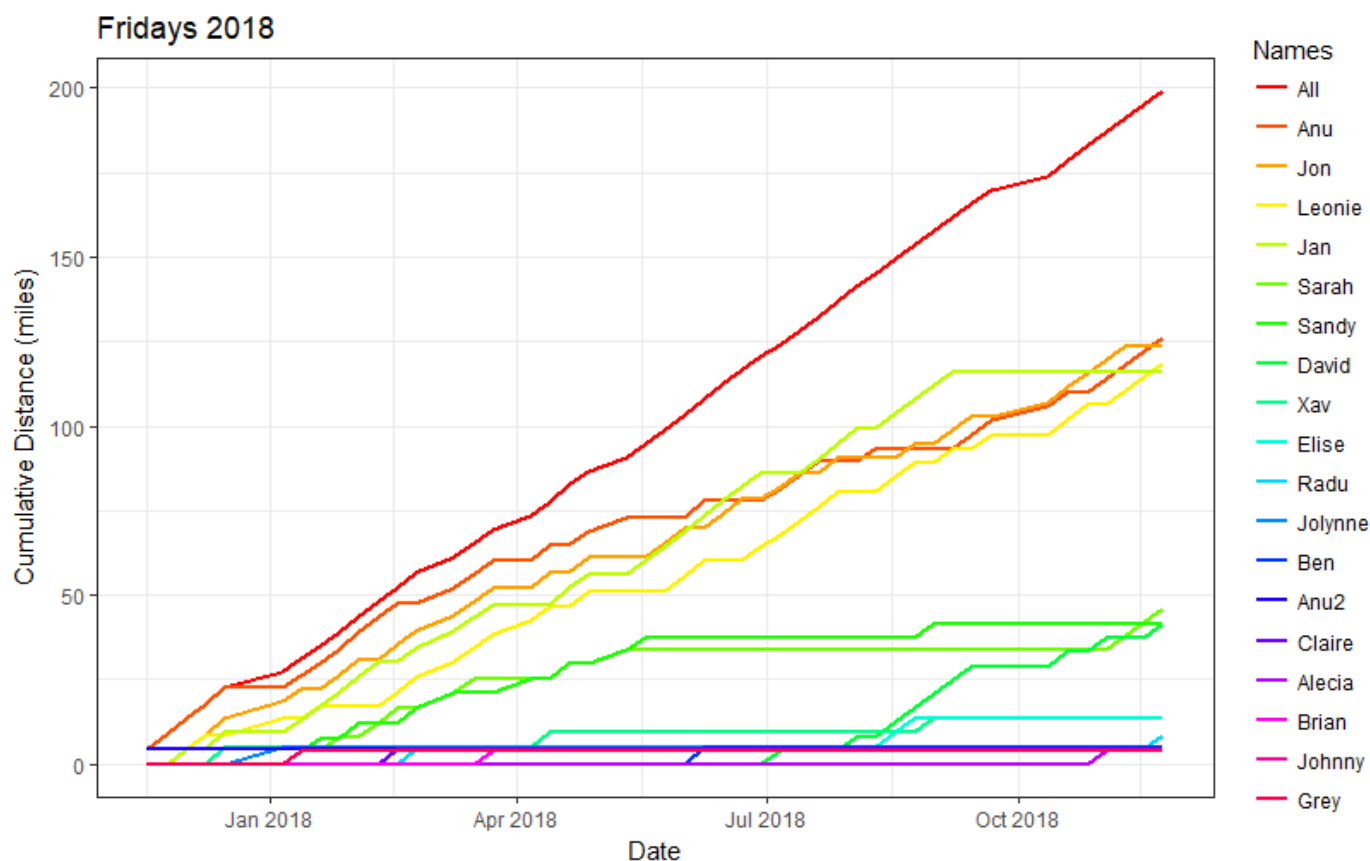
OUCH Statistics Report – November 2018

Statistician - Alecia Nickless,

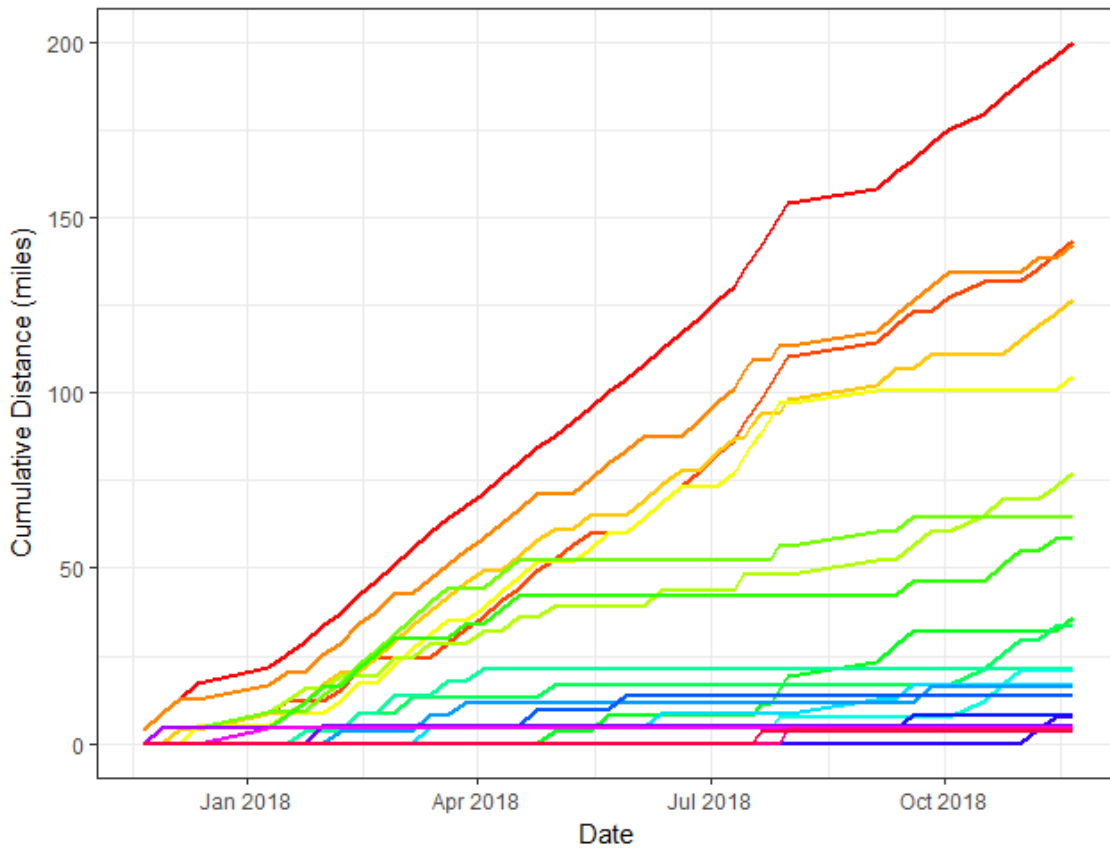
Data Manager – Anu Dudhia

Total Distance Covered – OUCH Regular Runs

- **Fridays**
 - If you were able to make all the Friday OUCH runs you would have covered 199 miles during the course of 2018.
 - Anu covered the greatest distance at 126 miles, followed by Jon with 124 miles and Leonie with 118 miles.
 - Collectively, 683 total miles were run on Fridays in 2018.
- **Tuesdays**
 - If you were able to make all the Tuesday OUCH runs you would have covered 200 miles during the course of 2018.
 - Leonie covered the greatest distance at 143 miles, followed by Jon with 143 miles and Anu with 127 miles.
 - Collectively, 915 total miles were run on Tuesdays in 2018.
- **Thursdays**
 - If you were able to make all the Thursday OUCH runs you would have covered 262 miles during the course of 2018.
 - Jon was the most regular Thursday runner, covering 193 miles, followed by Chris who covered 189 miles, and Alan who covered 183 miles.
 - Collectively, 2181 total miles were run on Thursdays in 2018, up from 1 659 total miles in 2017.



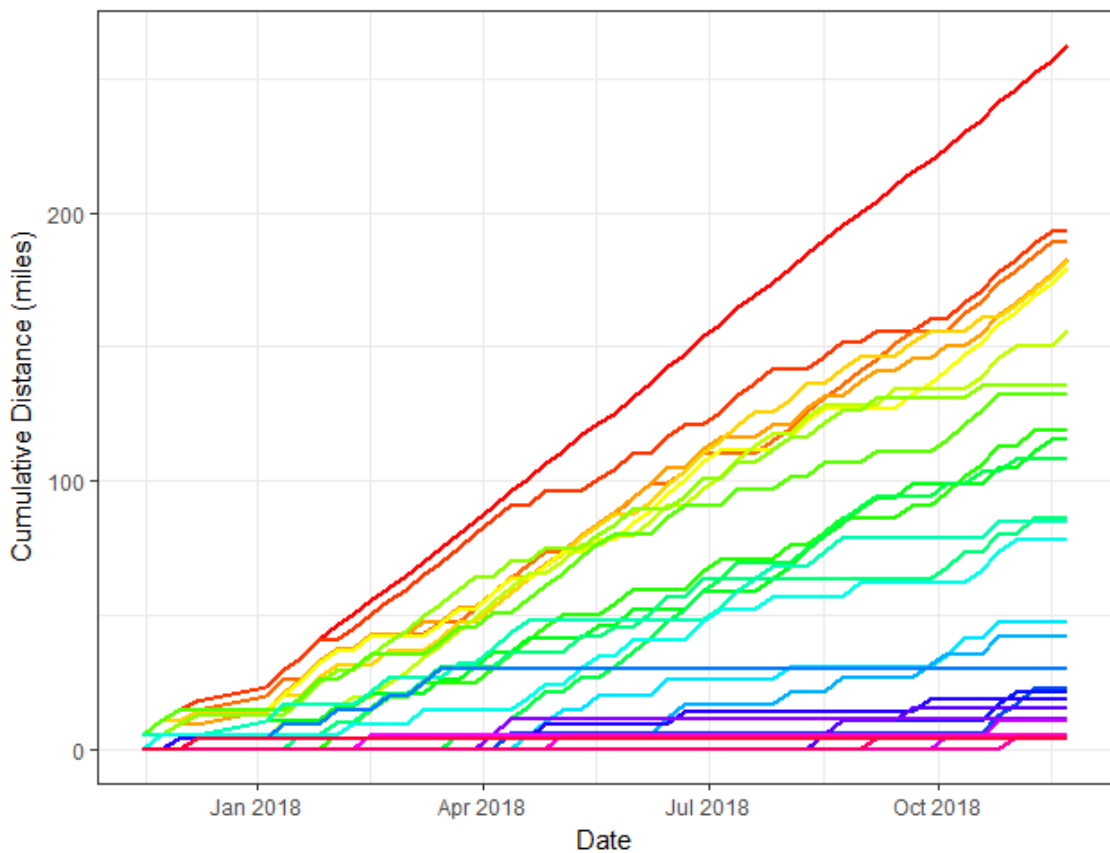
Tuesdays 2018



Names

- All
- Leonie
- Jon
- Anu
- Jan
- Radu
- Sandy
- Sarah
- David
- Brian
- Claire
- Elise
- Alexandra
- Jason
- Xav
- Mathilde
- Jiewei
- Dave
- Anu2
- Johnny
- Linus
- Cristina
- Jonny

Thursdays 2018



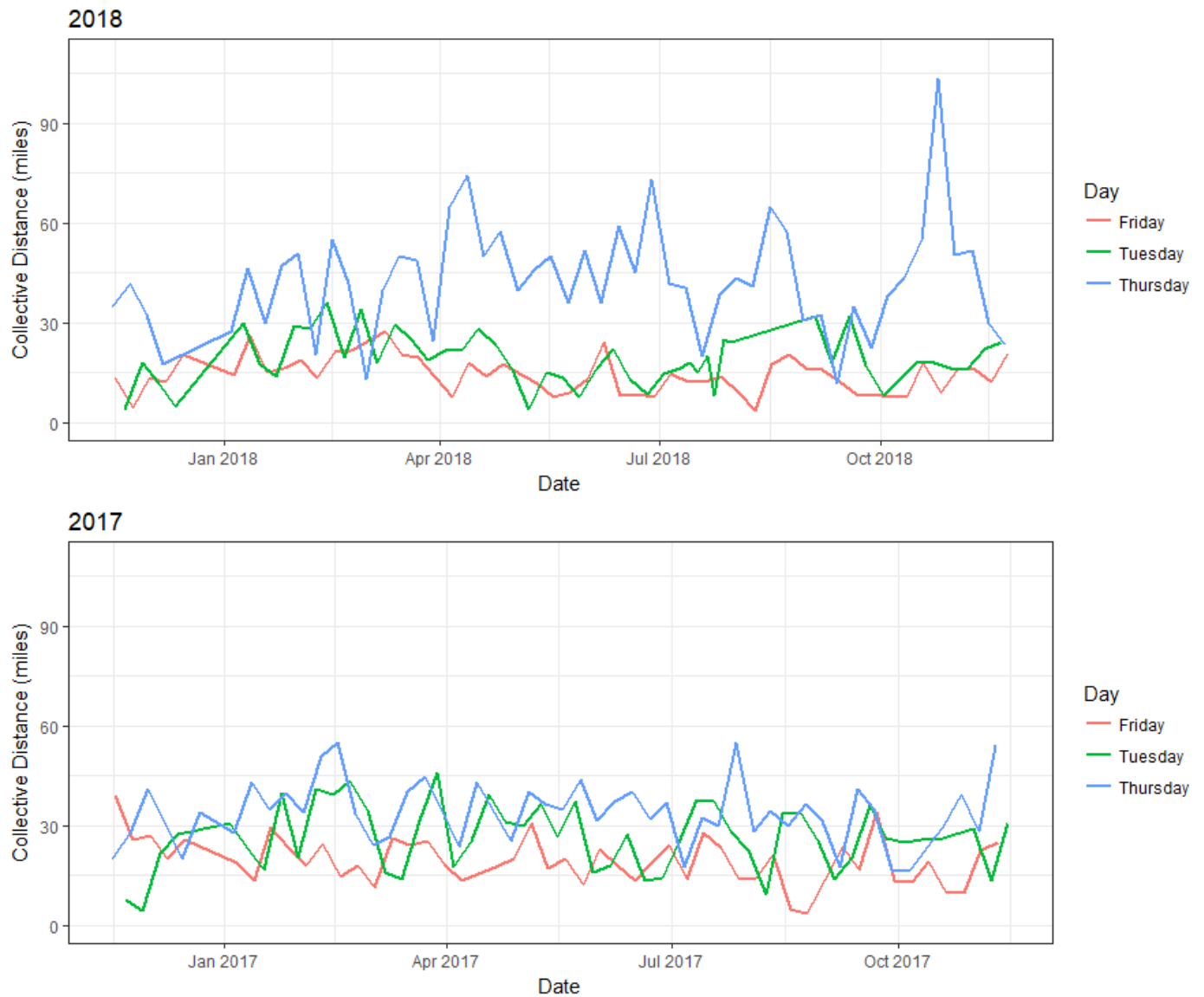
Names

- All
- Jon
- Chris
- Alan
- Alecia
- Richard
- Jason
- Jan
- Radu
- Brian
- Hannah
- Corinne
- Sarah
- Leonie
- Luke
- Alexandra
- Anu
- Claire
- Peter
- Elise
- Ben
- Jonny
- Martina
- Maija
- Simon
- Phelim
- Jiewei
- Alejandro
- Eric

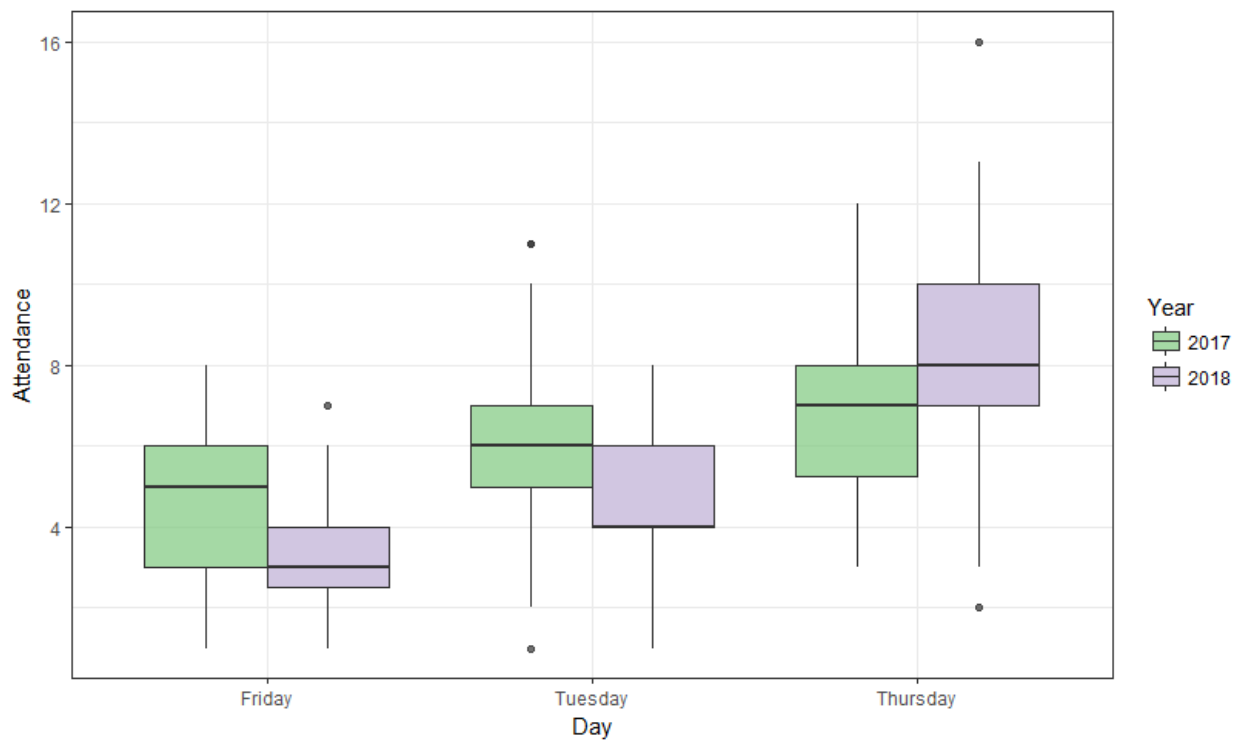
Attendance

2018 – Total collective distance = 3 779 miles (We've run the length of Great Britain {874 miles (Land's End to John o' Groats)} 4.3 times)

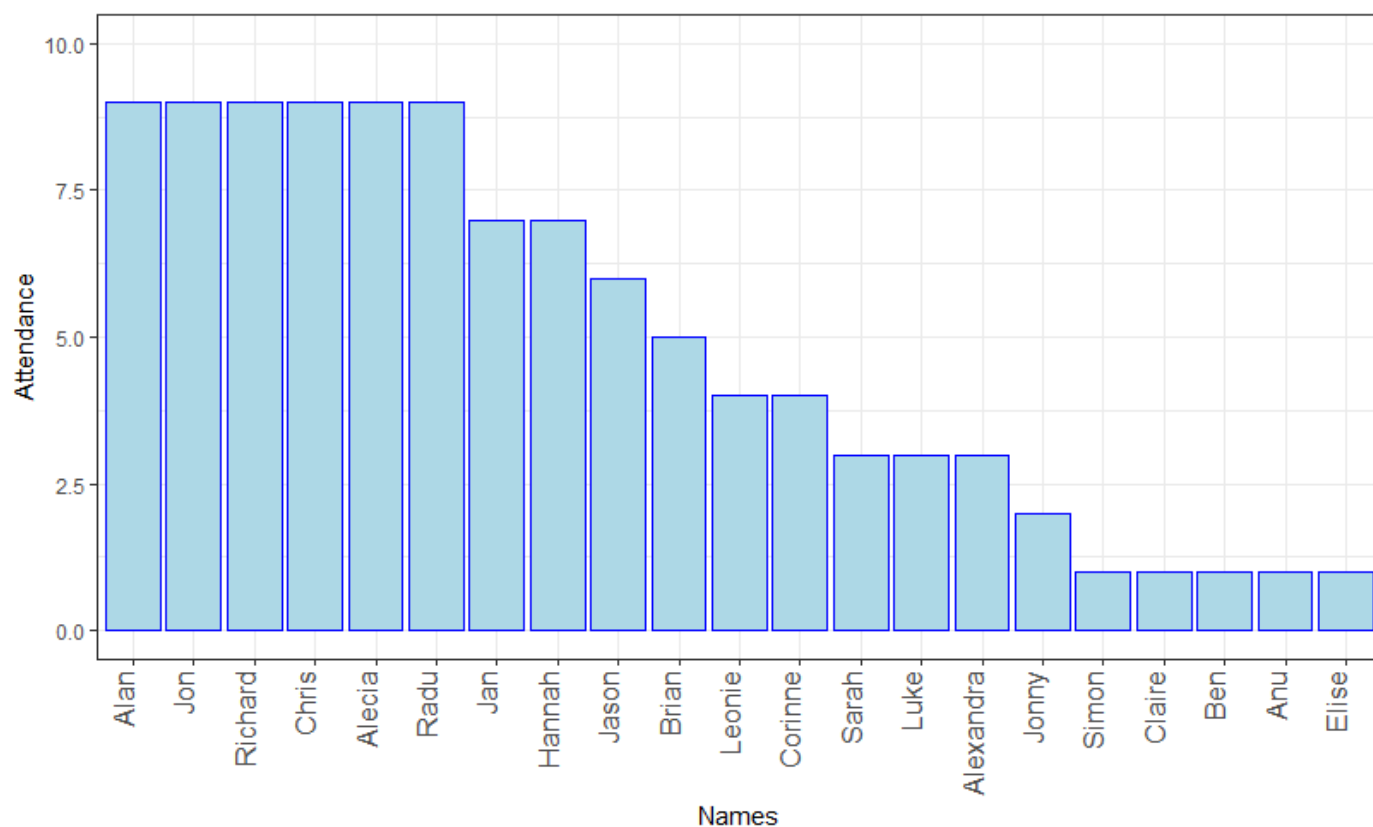
2017 – Total collective distance = 3 841 miles



- Friday and Tuesday attendance are on the decline compared to 2017 (this is the opposite to what we saw last year when we compared 2017 with 2016).
- Thursday attendance is on the rise, but shows the most variability during the course of the year.

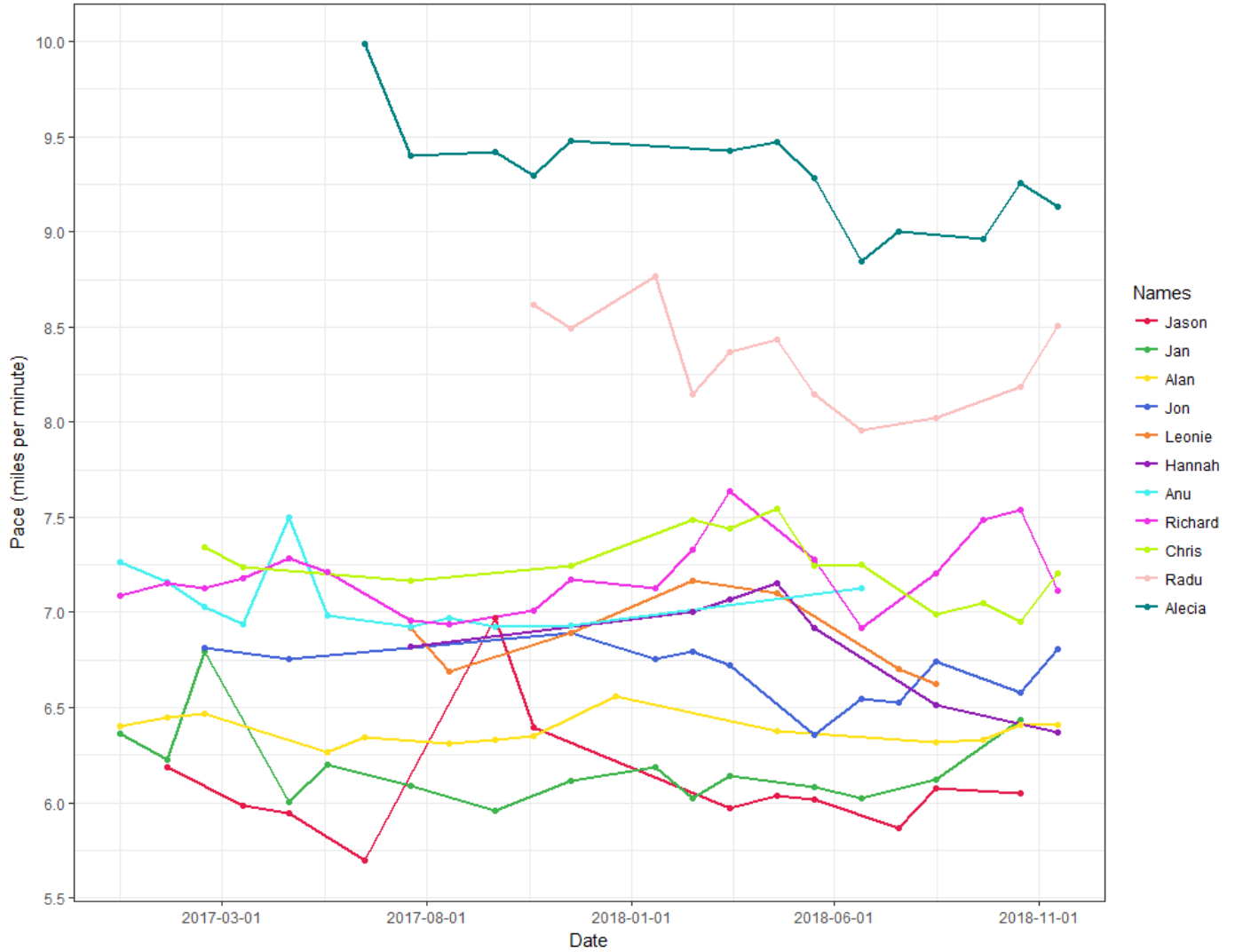


Handicap Attendance



- Alan, Jon, Richard, Chris, Radu and Alecia lead the Handicap attendance with 9.
- A total of 103 handicaps were run this year.
- On the 21st of June 2018 we reached the club's 210th Handicap!!

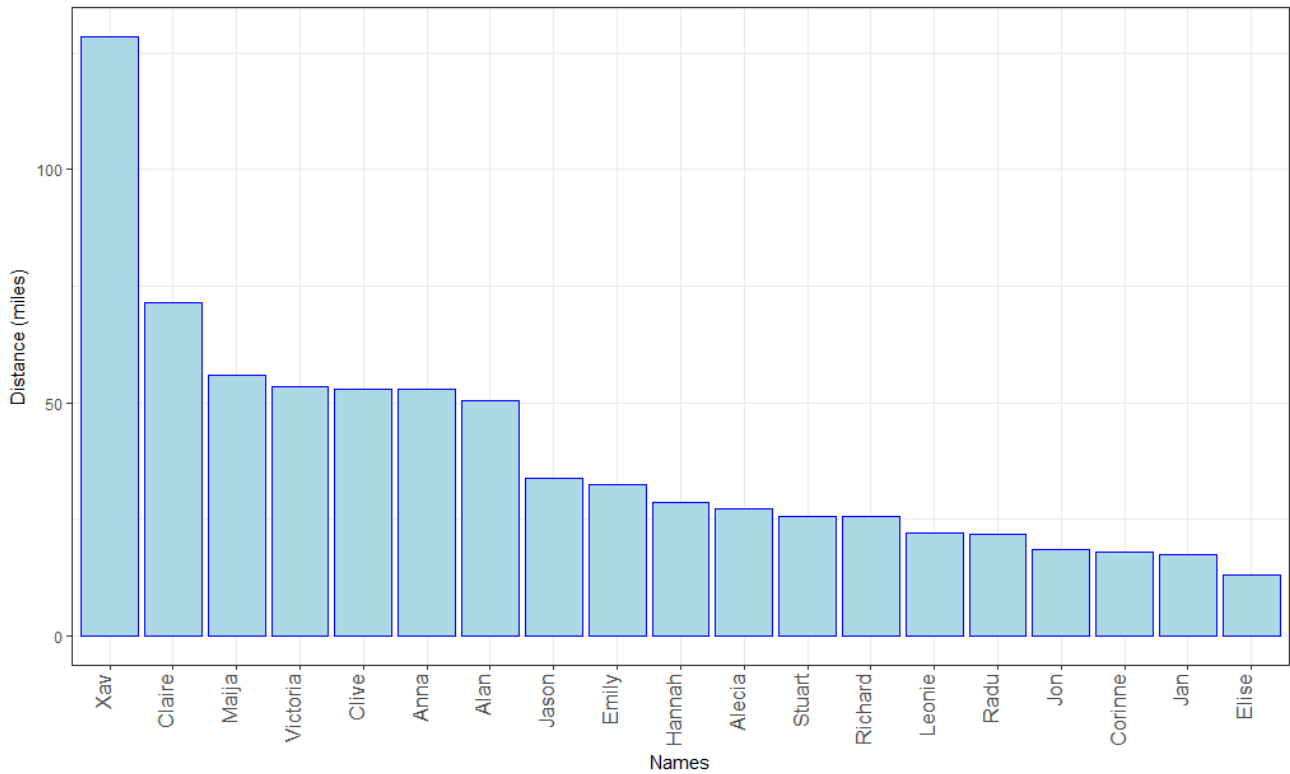
Pace from 2017 to 2018



The Handicap paces for runners with more than six attendances over the past two years are shown above. Seasonality appears to have a greater effect than the direction of the run (anticlockwise versus clockwise).

Races

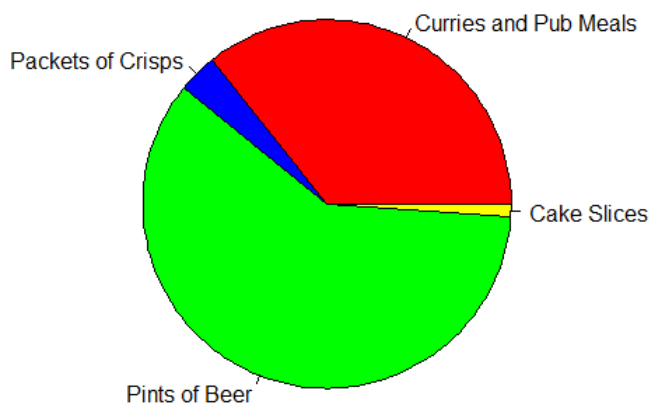
- Results are available for 71 races during the course of the year (including Park Runs) (up from 58 races in 2017). A total of 792 race miles were run with a collective 181 attendances.
- The most attended event with 12 participants was the Oxford 10km Town and Gown, followed by the Oxford Half Marathon and the Teddy Hall Relays with 4 participants.
- Xav achieved the most race miles by anyone during the course of the year with 128.4 miles, followed by Claire who ran 71.5 miles, Maija who ran 55.9 miles, Victoria who ran 53.4 miles, Clive and Anna who both ran 52.8 miles, and Alan who ran 50.3 miles.



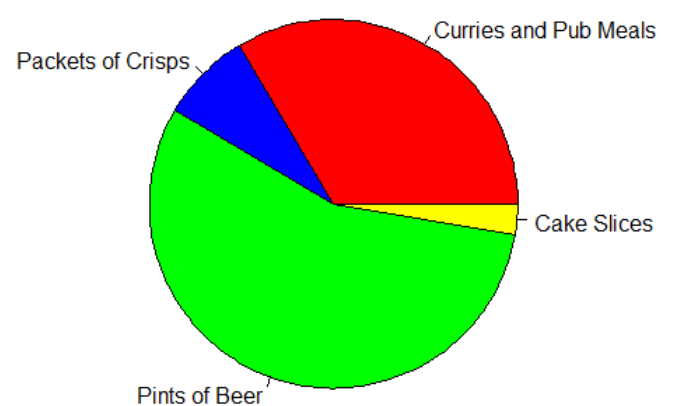
Eating and Drinking

- Beer consumption has remained consistent year on year.
- Crisps and cake consumption at OUCH events are on the decline.
- The variety of meals consumed at OUCH Thursday runs is entirely dependent the state of renovations at the Oxford University Club. We're back to mainly curries on Thursday nights after a short period of "gastro-pub" selections that were available post-renovations.
- At total of 486 295 calories were consumed on Thursday OUCH evenings.
- A total of 566 873 calories were burnt, but only 263 928 on Thursday evenings (102 432 on Tuesdays, 137 258 on Fridays and 200 764 on Thursdays).

Eating and Drinking 2018

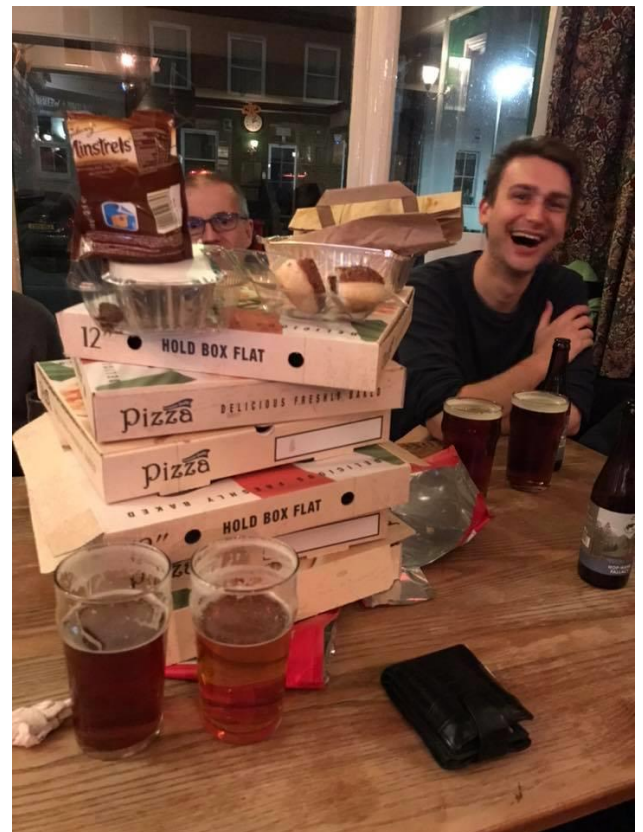


Eating and Drinking 2017



2018 Forecast

- It is very likely that there will be
 - More running
 - More racing
 - More beer and curry consuming



Disclaimer: This report was produced with utter disregard for GDPR. Once you join OUCH, your data belongs to us forever. If you wish to complain about this please send your correspondence to thisemaildoesnotexist@ouch.ox.ac.uk.